



Doc's
Recovery
House

2020

Annual Report



(Left to right) Doc's Recovery House Co-Founders, Steve Coddington, Program Director; Tori Utley, Executive Director; and Rick Utley, Development Director.



To the friends, supporters and donors of Doc's Recovery House,

Thank you for your support during an unprecedented year. As a father and daughter team, we know firsthand the importance of family. This is what we've worked so tirelessly to establish at Doc's Recovery House since we opened our doors in 2019.

During our second year of operations, we saw countless lives changed through the hope of recovery. We saw our team grow through the addition of alumni members of Doc's Recovery House, representing the full-circle vision of our organization.

Included in this report is a compilation of the breadth of activities, accomplishments and growth 2020 brought to our organization despite the hurdles of such a challenging year. We hope you are pleased to see the many ways in which lives were touched by the hope of recovery and the mission of Doc's Recovery House. We couldn't do this work without you. Thank you for your incredible generosity.

With gratitude,

Tori Utley
Cofounder &
Executive Director

Rick Utley
Cofounder &
Development Director



Our Mission

Doc's Recovery House is an organization intent on reigniting the light in each person by treating them with dignity and respect while walking alongside their path to recovery.

Our Vision

We emphasize the human being in the process of recovery. We focus on the person, rather than the disease, and empower others to do the same.

We work to eradicate the stigma of addiction through the hope of our stories, the importance of connection, and the dignity of recovery.

Core Programs

✦ Pre-Treatment Housing:

Immediate connection to supportive housing before an individual attends a residential treatment program for substance use disorder.

✦ Recovery Housing Program:

Program to offer supportive housing to graduates of residential treatment programs as they navigate new life in recovery.

✦ Step-Up Program:

An extended offering for alumni of our recovery housing program focused on leadership development and peer mentorship.

Community Programs

✦ Police-Assisted Recovery Program (PAR):

Collaboration with the Rochester Police Department to provide non-arrest pathways to treatment and recovery, where individuals are connected with pre-treatment housing and peer recovery support at Doc's Recovery House.

✦ Oxbow Park Program:

Our collaboration with Oxbow Park is the earliest partnership at Doc's Recovery House, active since 2015. At the original "Doc's House," we partner with Oxbow Park to do service projects around the park, as well as host numerous community events, trail runs, bonfires and other opportunities for connections in the recovery community at this site.



Education & Advocacy

Doc's Recovery House remains an active contributor through the Minnesota Alliance of Recovery Community Organizations (RCOs), contributing to the growth and advocacy for the grassroots recovery movement in Minnesota.

Additionally, we are a member of the Association of Recovery Community Organizations (ARCO) a nationwide membership association of grassroots recovery organizations making a difference in communities across the country.



Community Partnerships

- ✦ Oxbow Park & Zollman Zoo
- ✦ Bear Creek Development Center
- ✦ Rochester Police Department



Our Impact

Since opening our doors, Doc's Recovery House has served 167 male residents in our housing programs, both those waiting to obtain placement in a residential treatment setting and those who have resided at Doc's Recovery House for long-term recovery housing.

167

Male residents have been housed and supported across all programs

120

Cakes (and counting) have been made to celebrate recovery milestones

73

Residents were successfully placed in residential treatment programs

51

Residents have participated in our recovery housing program

28

Residents have participated in the Step-Up Program

13

Residents have celebrated one-year of continuous recovery

12

Residents have participated in the Police-Assisted Recovery (PAR) program, representing non-arrest pathways to treatment and recovery

4

Resident alumni have graduated our leadership programs and have transitioned to staff members in the following roles: Peer Recovery Specialist, Director of Finance and Program Manager, representing the full-circle vision of our recovery community.

1

Organization has leveraged the model Doc's Recovery House created and will be opening a pre-treatment house in Mankato, the first extension of our mission beyond the Rochester community



**"To feel welcomed,
loved and trusted in a
place is beyond words."**

— Doc's Recovery House
Pre-Treatment Resident

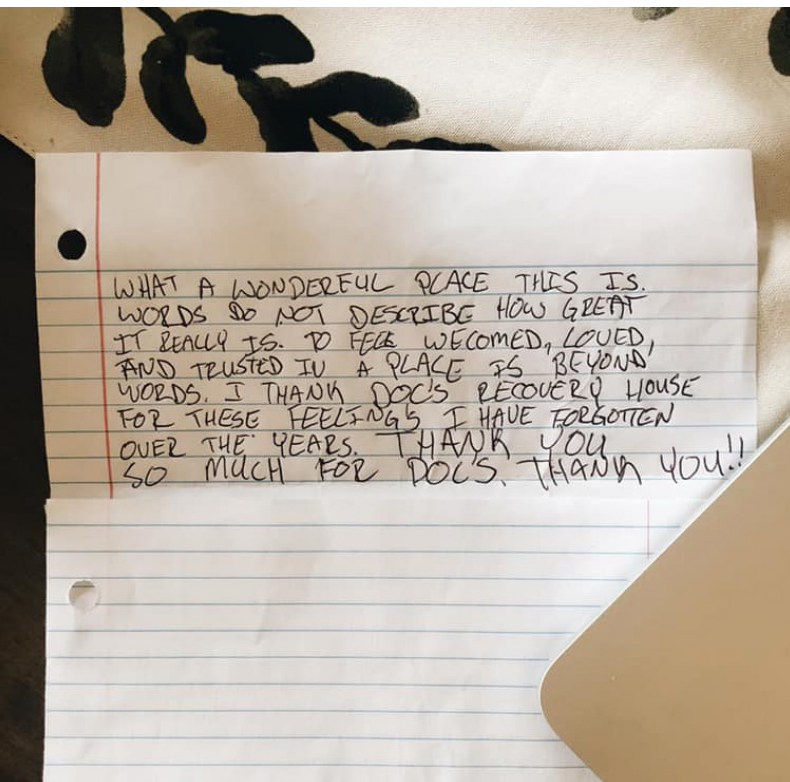
The Work Ahead

Doc's Recovery House is on a mission to improve the continuum of care for substance use disorder treatment and recovery, including making treatment more accessible to those in early recovery, and providing a dignified, authentic community along the way.

On February 1, 2019, we opened our doors to our first 14-bed men's house at our Rochester housing campus. By 2020, we had opened two more houses and launched our Step Up Program, nearly doubling in size in just one year. Moving forward, we look forward to continued growth through new programs that serve our residents at various stages of recovery that extend hope, dignity and connection.

While our expansion and opening of a women's house was halted due to the challenges presented by COVID-19, we are working vigorously to open our women's house in fall 2021. The first house has been selected on our housing campus and will be a 14-bed women's program inclusive of both pre-treatment and post-treatment programs to offer women navigating recovery a safe, supportive and dignified place to begin the journey of recovery.

Moving into 2021, we also continue to put activities, events and celebrations for the recovery community back on our radar with the hope of safety amidst the COVID-19 pandemic. We have donor celebrations, trail runs, Thanksgiving events and celebrations planned during National Recovery Month and look forward to celebrating the hope of recovery alongside our community.



Top: The living room at one of our houses, dedicated to the Step Up Program. Bottom: A letter written to Doc's Recovery House by one of our pre-treatment residents.



Pictured: Doc's Recovery House and partners receive the Shared Value Award from Mayo Clinic for the Police-Assisted Recovery (PAR) Program. The team was awarded \$30,000 in funding for the partnership for community innovation and collaboration.

Sustainability & Funding

Thank you to our countless donors and generous grantmakers for making this work possible.



Thank You Donors

Dear Donor,

As the President of the Board of Directors, and a founding member of Doc's Recovery House, I hope you are as pleased to read the updates, growth and impact of Doc's Recovery House in 2020. When our founding team began bringing this idea to reality in 2015, the impact accomplished by the organization today, over 5 years later, is humbling to see. We look forward to another great year serving those navigating the process of recovery and bringing hope, connection, housing and community to them along the way. Thank you for partnering with us and for believing in our mission.

With gratitude,

Jeremy Ernste
President, Board of Directors



Little things are
the **big** things.

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